

# FACES PLACES

## AN ADHD GAME TO HELP KIDS LEARN APPROPRIATE BEHAVIOR

Playing **Faces and Places** allows children to understand what is appropriate behavior and what is not by helping children better understand their feelings and how certain places can trigger negative behavior. Using Role-playing it also helps a child know how they can replace negative behaviors with positive behaviors.

### WHAT YOU WILL NEED

Faces and Places game printout  
Construction paper  
Art supplies such as crayons, markers, pens  
Scissors  
Glue

### HOW TO PLAY

- Print out the Faces and Places game file.
- Glue construction paper to the back of the faces and the back of the places.
- With your child, think through some common emotions that they may feel. These might include sad, angry, excited, nervous, sick, and happy. If you need help, refer to the list of emotions included in this file.
- Using the art supplies, have your child draw a face with each emotion in the circles provided. Having different types of art supplies they can switch between can make it easier to keep their attention.
- While he/she is drawing the emotion faces, cut out the different places: grocery store, classroom, birthday party, etc. Feel free to add additional places that you feel are relevant to your child.
- Cut out the faces once your child has finished drawing them.
- When the places and faces are ready, place them facedown in two piles.
- Have your child pick a face from the pile and a place from the pile. Example: Face—excited, place—birthday party
- Ask him/her if that is the appropriate behavior for the situation. Have him/her to act out what behavior they think is best for that situation.
- If the behavior they choose is good, use the skill of Effective Praise to give them specific praise on why that is a great way to react. If the behavior they choose is not good, use the steps of Correcting Behaviors to correct by offering a suggestion of what would be better in a gentle manner.
- Have them practice the good behavior again or for the first time before repeating the process with a new face and new place. Reshuffle the piles as needed.

Visit <http://www.smarterparenting.com/specific-lesson/view/attention-deficit-hyperactivity->

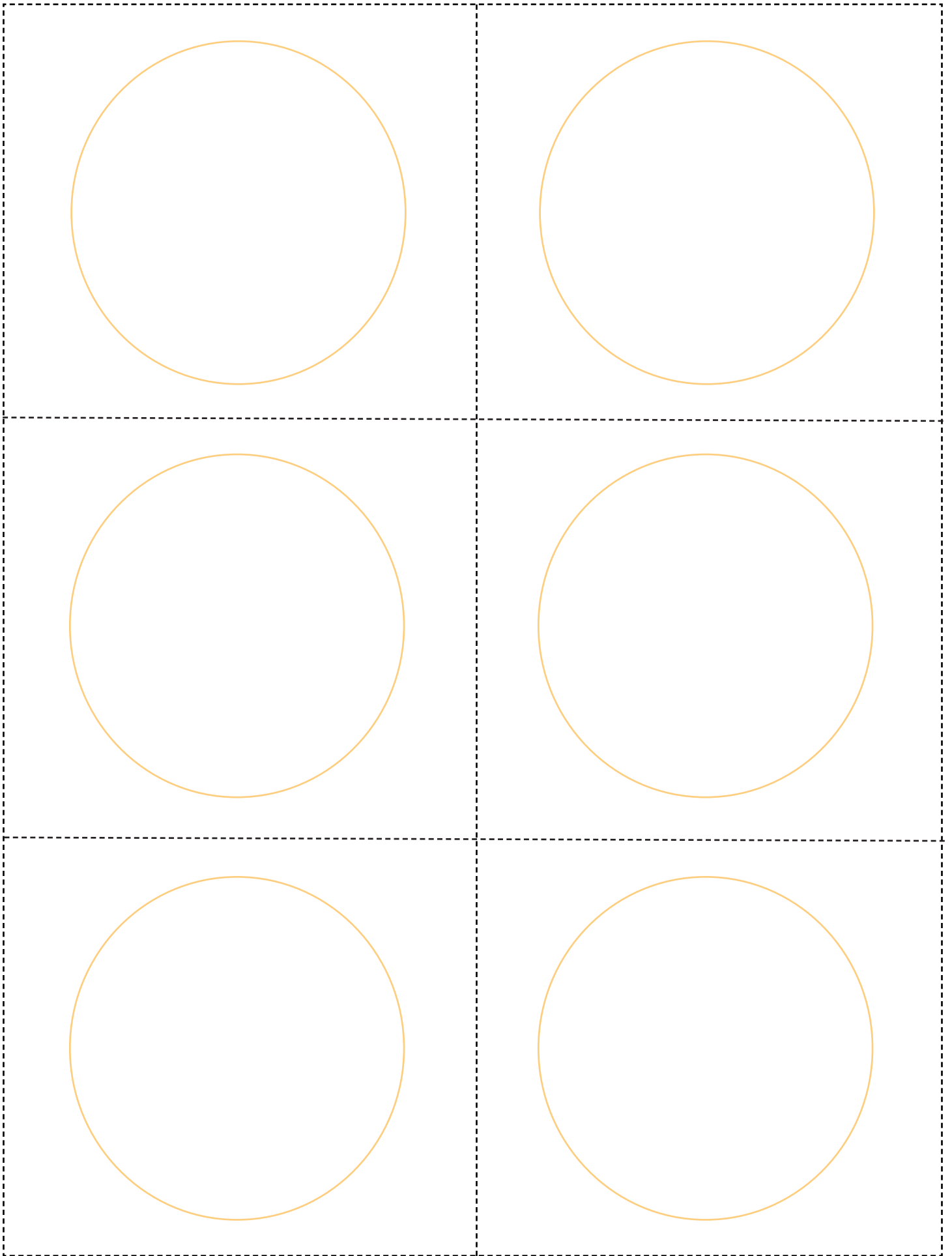
# EMOTIONS

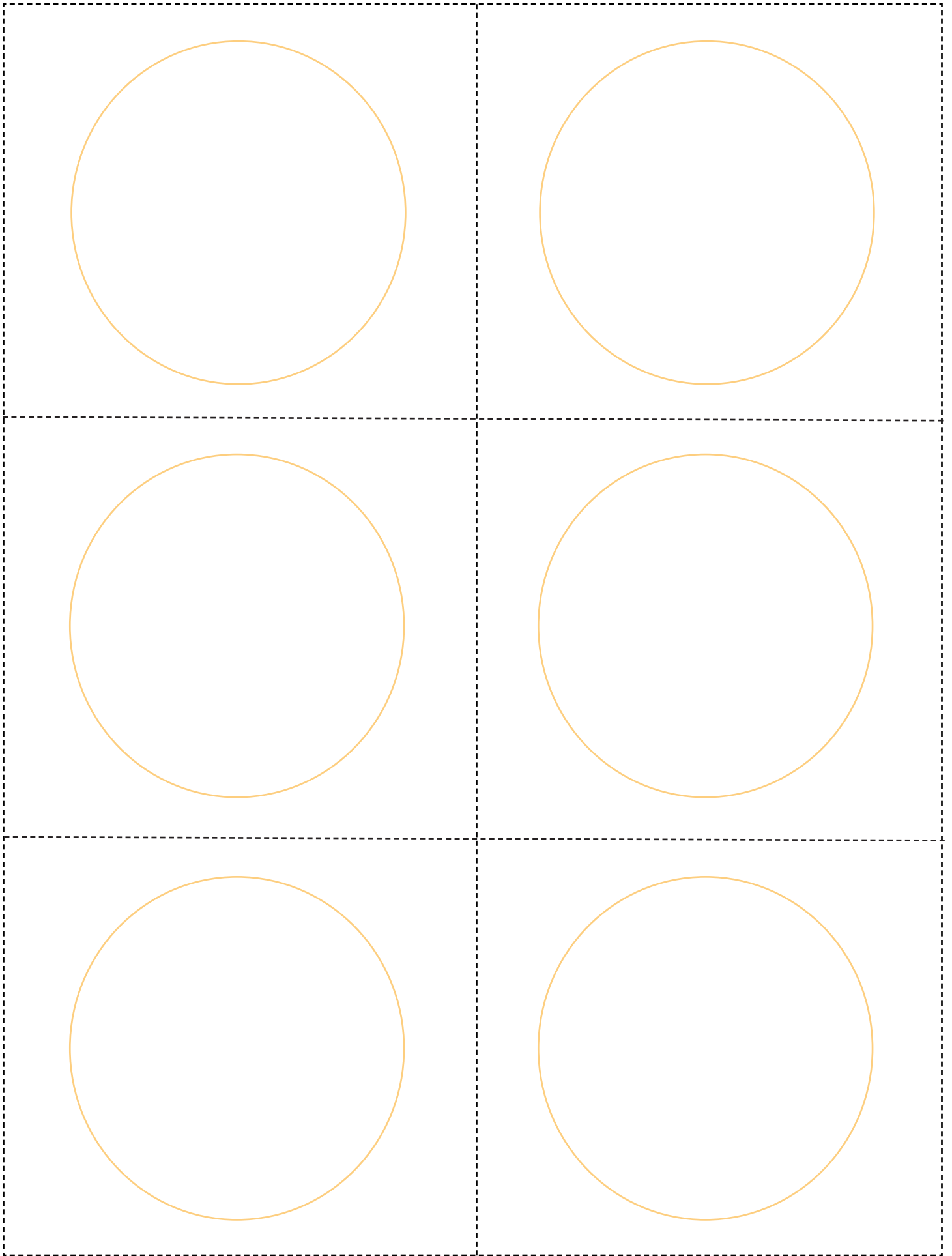
## POSITIVE EMOTIONS

Love  
Happiness  
Joy  
Kindness  
Patience  
Trust  
Friendship  
Surprise  
Courage  
Patience  
Humility  
Confidence  
Amazement  
Determined  
Energetic  
Silly  
Relieved  
Excited  
Motivated  
Surprised  
Shyness  
Anticipation

## NEGATIVE EMOTIONS

Fear  
Anger  
Sadness  
Loneliness  
Disgust  
Shame  
Envy  
Jealousy  
Helplessness  
Guilt  
Upset  
Suffering  
Anxious  
Depressed  
Embarrassed  
Worried  
Resentful  
Hurt  
Lost  
Pity  
Annoyed  
Bored  
Terrified  
Sleepy  
Sick





<b>GROCERY STORE</b>	<b>PLAYGROUND</b>	<b>GROCERY STORE</b>
<b>SPORTING EVENT</b>	<b>BIRTHDAY PARTY</b>	<b>CHURCH</b>
<b>RESTAURANT</b>	<b>CONCERT</b>	<b>GROCERY STORE</b>
<b>MOVIE THEATER</b>	<b>SCHOOL</b>	<b>RECESS</b>
<b>CAFETERIA</b>	<b>FRIEND'S HOUSE</b>	<b>POOL</b>
<b>PARK</b>	<b>DANCE CLASS</b>	<b>OUTING</b>
<b>MUSEUM</b>	<b>AMUSEMENT PARK</b>	<b>CLOTHING STORE</b>
<b>HOTEL</b>	<b>GRANDMA AND GRAMPA'S HOUSE</b>	<b>CAR RIDE</b>

**SUMMER CAMP**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_