

# PREVENTIVE TEACHING *worksheet*

## FINDING A MEANINGFUL REASON

The purpose of this is to help you determine *what things are meaningful to your child*. Use these motivators to help reinforce positive behaviors and decrease negative behaviors. Figuring this out requires a lot of observing on your part as a parent. Spend some time with your child and sometimes it doesn't hurt to turn this into a game. Have fun with it. Keep it convenient, simple, and doable.

*Answer the following questions:*

1. What does my child like to do in his/her free time? \_\_\_\_\_  
\_\_\_\_\_
2. Whom does my child like to spend his/her free time with? \_\_\_\_\_  
\_\_\_\_\_
3. Where does my child like to go in his/her free time? \_\_\_\_\_  
\_\_\_\_\_
4. If my child could go anywhere where would he/she go? \_\_\_\_\_  
\_\_\_\_\_
5. What is something my child asks for that I can allow or provide? \_\_\_\_\_  
\_\_\_\_\_

Just remember, as your child grows, their interests change. Occasionally revisit this form.