



CORRECTING BEHAVIORS *worksheet* CHILD

Use this worksheet to decide how to use the steps of Correcting Behaviors. We've given you an example to show you how it's done.

 EXAMPLE	1. GET YOUR CHILD'S ATTENTION.	"Johnny. Come over here."
	2. EXPRESS EMPATHY.	"I know how much you like going down the slide."
	3. DESCRIBE THE BAD BEHAVIOR.	"But when you push someone out of the way they won't want to be your friend."
	4. DELIVER A CONSEQUENCE.	"Because you pushed her out of the way, you now need to take a break from the slide."
	5. DESCRIBE WHAT YOU WANT YOUR CHILD TO DO INSTEAD.	"Instead of pushing someone out of the way you have to wait your turn."
	6. GIVE A REASON WHY THIS NEW BEHAVIOR IS IMPORTANT TO YOUR CHILD.*	"If you wait your turn your friends will want to play with you."
	7. PRACTICE THE NEW BEHAVIOR AND REDUCE THE CONSEQUENCE.	"Let's go practice waiting your turn at the drinking fountain. If you show you can wait your turn, you can get back on the slide."

 SITUATION	1. GET YOUR CHILD'S ATTENTION.	_____
	2. EXPRESS EMPATHY.	_____
	3. DESCRIBE THE BAD BEHAVIOR.	_____
	4. DELIVER A CONSEQUENCE.	_____
	5. DESCRIBE WHAT YOU WANT YOUR CHILD TO DO INSTEAD.	_____
	6. GIVE A REASON WHY THIS NEW BEHAVIOR IS IMPORTANT TO YOUR CHILD.*	_____
	7. PRACTICE THE NEW BEHAVIOR AND REDUCE THE CONSEQUENCE.	_____

*Must be meaningful to your child.