



three reasons why you should use
**SODAS METHOD
WITH YOUR KIDS**

- **BETTER DECISIONS:** Because children frequently make decisions at the spur of the moment without thinking.
- **OPTIONS:** Because children tend to look at solutions to problems as black or white, all or nothing, yes or no.
- **LONG-TERM VIEW:** Because childrens tend to focus at the situation at hand and have difficulty seeing long-term consequences.