



PREVENTIVE TEACHING *worksheet* TEEN

Use this worksheet to decide how to use the steps of Preventive Teaching. We've given you an example to show you how it's done.

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EXAMPLE | <p>1. SAY SOMETHING POSITIVE ABOUT YOUR CHILD'S BEHAVIOR OR EXPRESS EMPATHY. "I know how much you like it when we eat at your favorite restaurant."</p> <p>2. DESCRIBE HOW YOU WANT YOUR CHILD TO ACT. "When we are out as a family, I need you to make eye contact and talk to the family and leave your phone in your pocket."</p> <p>3. GIVE THEM A MEANINGFUL REASON TO BEHAVE THAT WAY.* "If you're able to do this we will go back to your favorite restaurant again."</p> <p>4. PRACTICE THE EXPECTED BEHAVIOR. "Why don't we practice being in a resuarant and talking to your family ."</p> <p>5. FIND SOMETHING POSITIVE THEY DID DURING ROLE PLAY. "You did a great job asking questions and listening to my response."</p> <p>6. ONCE DONE CORRECTLY, CONTINUE TO PRACTICE AT LEAST FOUR TIME. "If you practice four more times with me, I'll let you get a dessert tonight when we go."</p> <p>*Must be meaningful to your child.</p> |
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SITUATION | <p>1. SAY SOMETHING POSITIVE ABOUT YOUR CHILD'S BEHAVIOR OR EXPRESS EMPATHY. _____</p> <p>2. DESCRIBE HOW YOU WANT YOUR CHILD TO ACT. _____</p> <p>3. GIVE THEM A MEANINGFUL REASON TO BEHAVE THAT WAY.* _____</p> <p>4. PRACTICE THE EXPECTED BEHAVIOR. _____</p> <p>5. FIND SOMETHING POSITIVE THEY DID DURING ROLE PLAY. _____</p> <p>6. ONCE DONE CORRECTLY, CONTINUE TO PRACTICE AT LEAST FOUR TIME. _____</p> <p>*Must be meaningful to your child.</p> |
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