

# 6 STEPS OF PREVENTIVE TEACHING

## STEP 1

SAY SOMETHING POSITIVE about your child's behavior or EXPRESS EMPATHY about how they may be feeling.

## STEP 2

DESCRIBE HOW YOU WANT YOUR CHILD TO ACT. Avoid telling your child what you "don't" want.

## STEP 3

Give your child a MEANINGFUL REASON TO BEHAVE THAT WAY. This reason must be meaningful to your child.

## STEP 4

PRACTICE the expected behavior. This is the MOST IMPORTANT PART of Preventative Teaching.

## STEP 5

Find SOMETHING POSITIVE they did DURING ROLE PLAY. Correct only if necessary.

## STEP 6

CONTINUE TO PRACTICE. Once the child has done it correctly practice it at least four time.