

A-B-C's OF BEHAVIOR

Worksheet

Use this worksheet to identify your child's behavior through each stage of the ABC's. Describe specifically what you observe. The name of the skill you should use in each phase is listed as well.

TIME	ANTECEDENT (PREVENTIVE TEACHING)	BEHAVIOR (CORRECTING BEHAVIORS)	CONSEQUENCE (DECISION MAKING)
<i>example 4:15 pm</i>	<i>Son came home from school. He went to the kitchen to get something to eat. I told him to do his homework.</i>	<i>Began screaming and yelling and arguing with me. He left the kitchen angry with nothing to eat.</i>	<i>He did not do his homework all night and avoided me.</i>

Once you identify your child's pattern of behavior, determine which area of the ABC's (Antecedent, Behavior, Consequence) you want to use to begin teaching your child. We recommend working with your child in the Antecedent stage using Preventive Teaching. Watch the video examples on the Smarter Parenting website to help you.