



CORRECTING BEHAVIORS *worksheet* CHILD

Use this worksheet to decide how to use the steps of Correcting Behaviors. We've given you an example to show you how it's done.

- | | | |
|---|--|--|
| 
EXAMPLE | 1. GET YOUR CHILD'S ATTENTION. | "Johnny. Come over here." |
| | 2. EXPRESS EMPATHY. | "I know how much you like going down the slide." |
| | 3. DESCRIBE THE BAD BEHAVIOR. | "But when you push someone out of the way they won't want to be your friend." |
| | 4. DELIVER A CONSEQUENCE. | "Because you pushed her out of the way, you now need to take a break from the slide." |
| | 5. DESCRIBE WHAT YOU WANT YOUR CHILD TO DO INSTEAD. | "Instead of pushing someone out of the way you have to wait your turn." |
| | 6. GIVE A REASON WHY THIS NEW BEHAVIOR IS IMPORTANT TO YOUR CHILD.* | "If you wait your turn your friends will want to play with you." |
| | 7. PRACTICE THE NEW BEHAVIOR AND REDUCE THE CONSEQUENCE. | "Let's go practice waiting your turn at the drinking fountain. If you show you can wait your turn, you can get back on the slide." |

-
- | | | |
|---|--|-------|
| 
SITUATION | 1. GET YOUR CHILD'S ATTENTION. | _____ |
| | 2. EXPRESS EMPATHY. | _____ |
| | 3. DESCRIBE THE BAD BEHAVIOR. | _____ |
| | 4. DELIVER A CONSEQUENCE. | _____ |
| | 5. DESCRIBE WHAT YOU WANT YOUR CHILD TO DO INSTEAD. | _____ |
| | 6. GIVE A REASON WHY THIS NEW BEHAVIOR IS IMPORTANT TO YOUR CHILD.* | _____ |
| | 7. PRACTICE THE NEW BEHAVIOR AND REDUCE THE CONSEQUENCE. | _____ |

*Must be meaningful to your child.