

EXPECTATION CONTRACT

EXPECTATION

REWARD

1.

2.

3.

4.

TIME TO BE COMPLETED

CONSEQUENCE

1.

INSTRUCTIONS: Sit down with your child to figure out a situation that needs to be worked on. Have your child determine 3 to 4 realistic rewards they could earn if they complete the expectation in the agreed upon time-frame. As the parent, determine a consequence if the expectation isn't met.