

ROLE-PLAYING SCENARIOS FOR TEENS

It's not easy Role-playing. The following list gives you suggestions for easy, medium, and hard things that you can practice Role-playing. Start with the easy situations and move onto the medium and hard topics once you feel your child is ready to do so.

EASY

- Getting yourself a snack
- Putting a book away
- Putting backpack away
- Turning in homework
- Saying thank you for presents/gifts
- Going to bed on-time
- Getting up in the morning
- Brushing teeth
- Checking out a book from the library
- Saying please/thank you
- Saying sorry
- Following a schedule
- Getting homework done first
- Helping mom/dad with dinner
- Holding the door open for someone
- Adding gas to the car
- Making a purchase
- Filling out paperwork
- Putting laundry away
- Setting an alarm
- Turning in phone
- Being nice to siblings
- Proper hygiene
- Proper dinner behavior
- Treating household items
- Following house rules
- Using electronics
- Putting things away
- Starting the car
- Having proper table manners
- Not interrupting
- Dealing when someone turns the channel

MEDIUM

- Going to the store
- Talking to a teacher
- Coming in from outside
- Turning off TV/tablet/computer/video games
- Following instructions from teacher/parent
- Helping someone who is hurt
- Expressing an opinion
- Buying something at the store
- Doing chores a specific way
- Asking a friend for a ride
- Appropriate on-line behavior
- Accepting compliment
- Asking for help
- Playing a game without arguing
- Expressing emotions appropriately
- Helping a friend deal with a bad situation
- Making a new friend
- Doing school work first
- Dealing with privacy invasion
- Proper behavior at a friend's house
- Spending allowance
- Learning manners
- Good sportsmanship
- Changing a car tire
- Putting away homework
- Not rolling eyes
- Using public transportation
- Receiving feedback
- Applying make-up/shaving

HARD

- Dealing with inappropriate touching
- Dealing with seeing porn
- Dealing with a bully
- Applying for a job
- Having a job interview
- Handling loss
- Dealing with death
- Asking someone out for a date
- Handling being approached by a stranger
- Handling not being invited to party
- Accepting no from mom/dad
- Handling strangers
- Dealing with anger
- Appropriate conversation topics
- Picking up a date
- Dealing with a bully
- Saying no to drugs/alcohol/sexting
- Presenting a school project
- Reporting when someone threatens suicide/hurting others
- Consequences for rule breaking
- Dealing with an emergency
- Reporting cheating
- Receiving a bad grade
- Following house rules
- Handling an argument
- Dealing with racism
- Handling gossip
- Making life decision